



WWW.RORC.ORG

**2025 COWES – DINARD – ST MALO RACE
(IRC 2H EUROPEANS RACE 1)
SAILING INSTRUCTIONS**

ORGANISED BY THE ROYAL OCEAN RACING CLUB IN ASSOCIATION WITH UNCL, YACHT CLUB DE DINARD, SOCIETE NAUTIQUE DE LA BAIE DE ST. MALO, JUNIOR OFFSHORE GROUP (JOG) AND THE ROYAL YACHT SQUADRON

FRIDAY 11 JULY 2025

FIRST WARNING SIGNAL 1100

HW COWES 1233 4.1M

CONTACT DETAILS

	Race Committee	Coastguard	Race Office Address
Start	Callsign "Ocean One" VHF Channel 72 (see also SI 8.2) Mobile: +44 (0) 7825 007 035 WhatsApp: +44 (0) 7825 007 035 Email: racing@rorc.org	"Solent Coastguard" VHF Channel 16 +44 (0) 239 255 2100 MMSI 002320011 (for notification of emergencies)	RORC Cowes Clubhouse The Parade Cowes Isle of Wight PO31 7QU Tel: +44 (0) 1983 295 144 Email: racing@rorc.org
Finish	As above	As above	As above

Boats retiring from the race must immediately notify the Race Committee.

Failure to comply may lead to exclusion from future RORC racing.

THE ATTENTION OF EVERY PERSON IS DRAWN TO OFFSHORE SPECIAL REGULATION 1.02 AND TO THE IMPORTANCE OF HAVING SUITABLE AND ADEQUATE PERSONAL INSURANCE

**The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.
(RRS Fundamental Rule 3)**

The notation '[DP]' in a rule in the Notice of Race (NoR) means that the penalty for a breach of that rule may, at the discretion of the International Jury, be less than disqualification.

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

The notation '[SP]' in a rule in the NoR means that for a breach of this rule a standard penalty may be applied by the Race Committee without a hearing. This changes RRS 60.1, 63.2(a) and A5

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 Appendix WP of The Rules of Sailing.
- 1.3 [SP] Appendix TS, Version 3, Section B applies to all Traffic Separation Schemes.
- 1.4 [SP] [DP] Appendix RV will apply in reduced visibility and in any case between the times of local sunset and local
- 1.5 World Sailing Offshore Special Regulations Category 3 with Category 2 liferafts, AIS Transponder and RORC Prescriptions.
- 1.6 If there is a conflict between languages the English text will take precedence.
- 1.7 If there is a conflict between the NOR and the SI's, the SI's will prevail. This changes RRS 63.5 (c)

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be published on the [Official Notice Board](#)

3 NOTICE TO MARINERS

- 3.1 Competitors are reminded of their responsibility to take account of Notice to Mariners and should be particularly aware of:
- 3.2 Southampton Precautionary Area (Thorn Channel)
Competitors are reminded to maintain a constant watch for shipping movements, particularly in the Port of Southampton Precautionary Area (Thorn Channel). Your attention is drawn to ABP Notice to Mariners No 06 2025 which covers the movement of shipping and the likely vessel tracks.
See: [Notices to Mariners - Southampton VTS - ABP Southampton](#)

4 [DP] [NP] AIS/YB TRACKERS

- 4.1 All boats are required to have their AIS transceivers switched on and able to transmit (at least every minute) and receiving from 0900 on Friday 11 July 2025 until the boat finishes. YB Trackers must remain connected and switched on from 0900 on Friday 11 July 2025 until the boat finishes.
- 4.2 A boat's AIS must transmit: the boat's MMSI number, current racing name.
- 4.3 Nothing shall be done to inhibit AIS transmissions.
- 4.4 Boats unable to meet these requirements shall submit comprehensive details of the reason on their Declaration Form.

5 [NP] CLASS FLAGS

Class	TCC Range	Class Flag
IRC Zero	1.280 and greater	Pennant 0
IRC One	1.090 – 1.279	Pennant 1
IRC Two	1.046 – 1.089	Pennant 2
IRC Three	1.010 – 1.045	Pennant 3
IRC Four	0.850 – 1.009	Pennant 4
Multihull	1.100 and greater	Pennant 8
Class40	n/a	Class Insignia

Class Flags shall be flown from the backstay.

6 [NP] [SP] MANDATORY REPORTING BEFORE RACE

- 6.1 Before leaving the dock. boats shall ensure they have an accurate crew list lodged on the online entry system. (www.sailracehq.com)
- 6.2 RORC will be using WhatsApp or the competitor app to confirm your race day crew numbers and will send you a pre-race notification prior to the race. The WhatsApp message will come from our systems WhatsApp number and not the normal RORC WhatsApp account.
- 6.3 Once you receive the Pre-Race crew number declaration on WhatsApp or the competitor app, you should reply with the numeric number of crew that you have onboard and wait for a reply that will confirm if you have the correct number registered on your SailRaceHQ account. Note that the confirmation message can take up to 2 minutes.

- 6.4 If you are not on WhatsApp, have any issues with the reply or do not receive the message, you should text +44 7825 007 035 before 0900 on the 11 July 2025.
- 6.5 In exceptional circumstances when the persons on board do not match the crew list as declared in the online entry system the boat shall inform the Race Committee of the changes and the reasons for failing to complete SI-6.3.
- 6.6 A boat shall not sail with a crew member whose Emergency Contact details has not been lodged on online entry system before the start of the race.

7 COMMUNICATIONS

- 7.1 The Race Committee may broadcast information on VHF Ch.72, Call sign "Ocean One".
- 7.2 Boats are reminded of their legal obligation to keep a continuous watch on VHF Ch.16.**
- 7.3 Boats are required to have their onboard mobile phone switched on at all times.
- 7.4 Inter-boat communication calls should when possible be on DSC or, VHF Ch.16 as a calling channel and VHF Ch.72 as a working channel.
- 7.5 Boats with communications in addition to VHF should act as a link, taking other boats' reports on VHF and passing them to the Race Committee or Coastguard.

8 [NP] PRE-START WAITING AREA

- 8.1 Two pre-start waiting areas have been established and are detailed in Appendix B. Yachts are requested to wait in these areas until twenty minutes before their warning signal.

9 STARTING TIMES AND SIGNALS

- 9.1 The race will be started by using RRS 26, with the warning signal being made 10 minutes before the starting signal.

Proposed Starting Times

Multihulls Flag: Numeral 8	IRC Zero, IRC One & Class 40 Flag: Numeral 1	IRC Two Flag: Numeral 2	IRC Three Flag: Numeral 3	IRC Four Flag: Numeral 4	Event	Signal
1100	1110	1120	1130	1140	Warning	Warning flag displayed
1106	1116	1126	1136	1146	Preparatory	Preparatory flag displayed
1109	1119	1129	1139	1149	One – Minute	Preparatory flag removed
1110	1120	1130	1140	1150	Start	Warning flag removed

10 STARTING LINE

- 10.1 The starting line is formed by bringing the Royal Yacht Squadron's flagstaff into line with the white line on the orange diamond on the Castle. (As an aid to competitors vertical light beams are installed at the RYS to identify the starting line transit. The intensity of the light beam increases as you approach the line, but the lights are momentarily obscured by the forward mast when you are on the line. **The lights are navigational aids only and do not constitute the starting line.** Any failure of this equipment shall be disregarded.)

Outer limit: (which is not on the starting line) Williams Shipping Buoy; leave to starboard.

Inner limit: An inner limit mark (which is not on the starting line) may be laid. This will be an inflatable buoy up to 0.1nm from the RYS flagstaff; leave to port.

- 10.2 The start will be to the West.

11 LATE AT THE START

- 11.1 If a boat which has not previously come to the starting area, is not off her moorings at her preparatory signal and comes to the starting area under power or being towed, she shall stop her engine (or drop the tow) and complete a Two-Turns penalty as specified in RRS 44.2 before starting. This changes RRS 44.1.
- 11.2 No penalty will be imposed for an infringement of RRS 42 for complying with SI 11.1. This changes RRS 42 and 45.

12 [SP] AREAS THAT ARE OBSTRUCTIONS

- 12.1 A boat shall not enter an area designated as an Obstruction.
- 12.2 Additionally racing boats shall not:
- 11.2.1 Anchor or kedge in the cable and pipeline area between Stone Point and Gurnard Bay. This area is shown on Admiralty Chart 2036 and is between the line from Stansore Point to Egypt Point and the line from Inchmery House Lepe to Thorness Bay.

- 11.2.2 Pass to the north of the beacon marking the obstruction of iron piles (Sowley Boom) to the East of Lymington near Durns Point.

13 THE COURSE

- 13.1 The course is detailed in Appendix 1.

14 REPORTING

- 14.1 In the event the Race Committee asks a boat to report (i.e. AIS/tracker failure), reporting should be done by WhatsApp to (+44 7825 007 035), email (racing@rorc.org) or any other means possible. Reports shall include:

Name of boat and Sail Number
Date/time (BST)/position
Course and Speed over the Ground
Names of any Boats nearby

15 TIME LIMIT

- 15.1 There is no time limit for the race.

16 THE FINISH

- 16.1 The finish line will be 0.1nm due East from Buharats West No.2 Buoy.
16.2 All yachts are requested to call "Ocean One" on VHF Ch.72 when 15 minutes from the finish. To aid with identification, when finishing at night, yachts are requested to shine a spotlight on their sail numbers and call "Ocean One" on VHF Ch.72 immediately after finishing.
16.3 Yachts are reminded to take their own finishing times (BST) together with the names of the yachts ahead and astern, if any. Finishing times shall be declared on your online declaration form as soon as possible.

17 [NP] RACE FINISH DECLARATIONS

- 17.1 After finishing or retiring, boats shall submit the online declaration at www.sailracehq.com or on the competitor app as soon as possible, but **not later than 24 hours after the last finisher**. Failure to comply with this rule may result in the boat being excluded from the results.
17.2 When after a race a boat cannot promptly submit the online declaration, she shall without delay telephone the Race Committee, confirm that she has finished racing and give her time of finishing.

18 RETIREMENTS AND NON STARTERS

- 18.1 Retirements and non-starters must promptly inform the Race Committee. It is imperative that boats that are no longer competing can be excluded from any Search & Rescue operation. **Failure to comply with this rule may lead to disqualification or exclusion from future RORC racing.**

19 USE OF ENGINE

- 19.1 When a boat uses its engine, e.g. to avoid collision or in a grave emergency, the facts shall be reported on her declaration.

20 [NP] TEMPORARY DISCONTINUANCE OF RACING

- 20.1 If a boat temporarily stops racing, they shall immediately inform the Race Committee explaining the circumstances and their plan by telephone / WhatsApp/text message (+44 7825 007 035) or email (racing@rorc.org).
20.2 If a boat makes fast in order to take shelter or in an emergency, the crew may temporarily leave the boat to handle her moorings. If she uses her engine for propulsion she shall, on re-joining the race, return to the spot where she began to use her engine, turn off her engine and continue to race from that spot. She shall report the circumstances on her Declaration Form. This changes RRS 45.
20.3 A boat that is secured in harbour may receive any assistance to effect repairs or take on any supplies or equipment. This changes RRS 41.

21 PENALTIES

21.1 Standard Penalties:

- 21.1.1 The Standard Penalty is a time penalty of 5%.
21.1.2 For a breach of any area designated an Obstruction the Race Committee shall, without a hearing, apply a standard penalty, unless the breach was unavoidable, and no advantage was gained. This changes RRS 63.1 and A5.
21.1.3 Should the Race Committee consider a standard penalty to be inappropriate, it may protest the boat.
21.1.4 When the Protest Committee decides that a boat that is party to a protest hearing has broken a rule other than RRS Part 1 and 2 and that no serious damage or injury was caused, and no significant advantage has been gained, it may apply a time penalty of up to 10%.

22 PROTESTS AND REQUESTS FOR REDRESS

- 22.1 Protests, Scoring Enquiries and Requests for Redress may be lodged online within the time limit, a link is available on the [Official Notice Board](#) within the online Protest Board. Protests may also be written on plain paper and submitted via email to racing@rorc.org or another means to the Race Committee.

- 22.2 The protest time limit is 3 hours after the protesting boat finishes.
- 22.3 Notices will be posted no later than 30 minutes after the protest time limit for the last boat to finish the race.

23 PROTESTS AND REQUESTS FOR REDRESS

- 23.1 Protests, Scoring Enquiries and Requests for Redress may be lodged online within the time limit, a link is available on the [Official Notice Board](#) within the online Protest Board. Protests may also be written on plain paper and submitted via email to racing@rorc.org or another means to the Race Committee.
- 23.2 The protest time limit is 3 hours after the protesting boat finishes.
- 23.3 Notices will be posted no later than 30 minutes after the protest time limit for the last boat to finish the race.

24 SCORING

- 24.1 The Scoring System for RORC Offshore Races, defined in Annual Notice of Race 1.12, will apply.
- 24.2 2025 Two Handed Europeans.
- 24.3 Scoring for the 2025 Two Handed Europeans will constitute of the IRC Two Handed Europeans Class scores in both the 2025 Cowes Dinard St Malo Race and the 2025 Rolex Fastnet Race. Only boats that compete in both races will be scored.

25 TROPHIES AND PRIZES

- 25.1 The following Trophies may be awarded:

King Edward VII Cup – BCT IRC
 Derek Boyer Trophy – 2nd BCT IRC
 Lloyds of London Salver – IRC Z
 Noryema Trophy – IRC 1
 Yeoman Bowl – IRC 2
 Yacht Club de Dinard Trophy – IRC 3
 IR Trophy – IRC 4
 Slingshot Trophy – Two-Handed Division
 Passmore Bowl – BCT most numerous production boat class in IRC
 Sandison Memorial Salver – First Monohull Yacht Home
 Yacht Club de France Shield – awarded at the discretion of the Yacht Club de France
 Yachts and Yachting Cauldron – BCT MOCRA Rating Rule
 *John West Trophy – Club Challenge for two yacht teams scored in IRC Overall
 *Newcombe Hoare Trophy – BCT IRC yacht with 25% of the crew under 25 on the 11 July 2025
 *Spica Trophy – BCT IRC 4 yacht, under 38ft, with a crew made up of at least 3 family and friends
***To be eligible for these trophies, please email racing@rorc.org.**

- 25.2 Medallions:

RORC medallions will be presented as prizes for each class and division as follows:

Number of starters	6 – 8	9 - 15	16 – 24	25 or more
Prizes	2	3	4	5

When there are less than 6 starters in a class it may be combined for prizes with a neighbouring class.

26 RISK STATEMENT

- 26.1 Rule 3 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”
- 26.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - b) they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
 - d) their boat is in good order, equipped to sail in the event and they are fit to participate;
 - e) the provision of a race management team and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - f) they are responsible for ensuring that their boat is equipped and seaworthy so as to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed, in date and familiar to the crew.

APPENDIX A – 2025 RORC COWES DINARD ST MALO RACE

APPENDIX A1 - OBSTRUCTIONS

- A1.1 The area of all obstructions is a box; the coordinates of the corners are given.
A1.2 The boundaries are the rhumb lines between the corners.
A1.3 The obstructions apply to all classes with no exceptions, when racing.
A1.4 Obstructions may not reflect the charted extent of Traffic Separation Schemes. RRS Appendix TS still applies, especially with regards to manoeuvring in the vicinity of any TSS. **All TSS** are designated as obstructions and competitors shall not enter them. The coordinates given below mark an absolute obstruction in addition to RRS Appendix TS and will be policed.

Obstruction	Position (WGS84): Latitude Longitude	
Casquets	A - 50° 03'.50N 002° 57'.40W	B - 50° 08'.60N 002° 28'.30W
	C - 49° 51'.30N 002° 21'.10W	D - 49° 46'.30N 002° 50'.30W

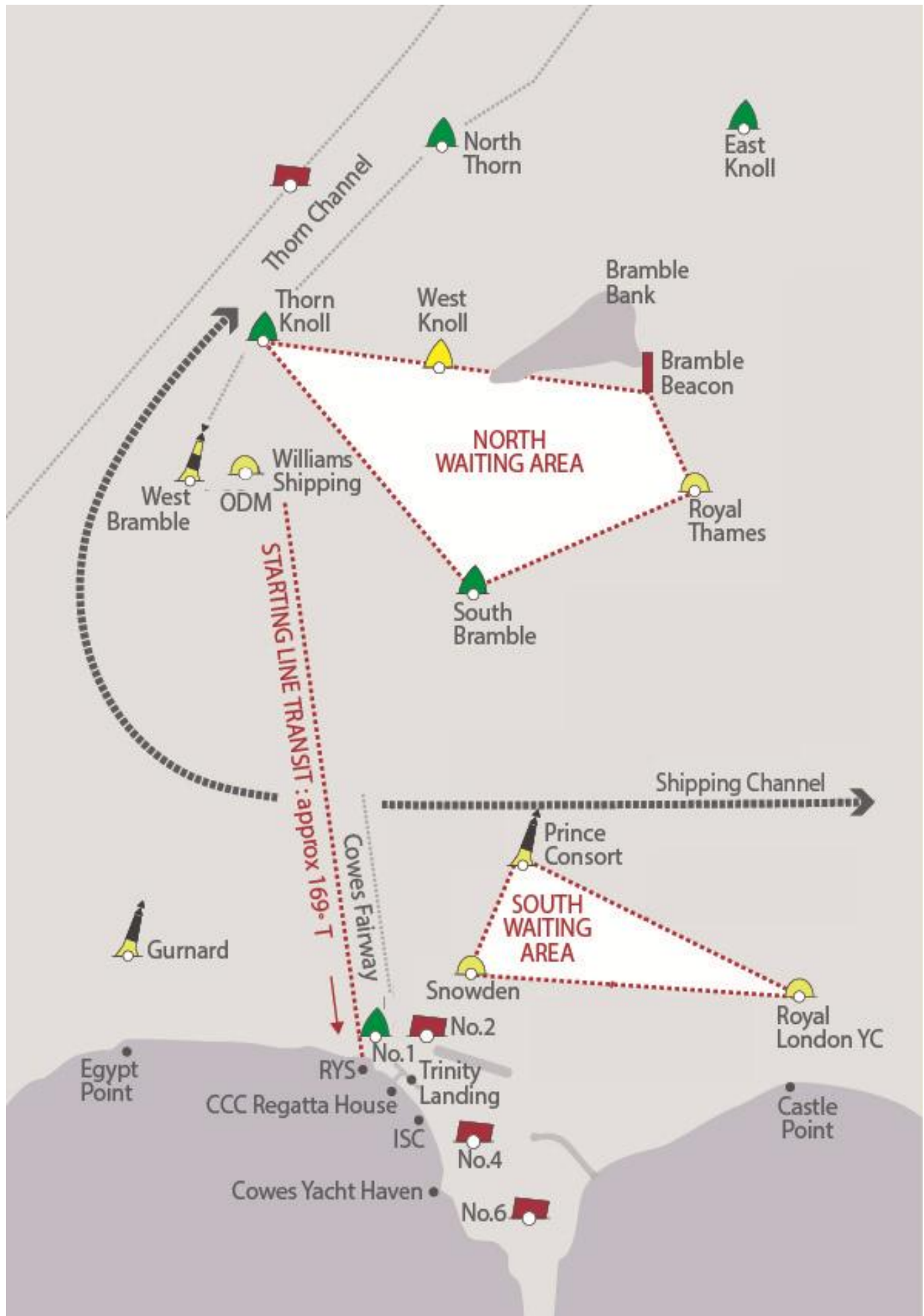
APPENDIX A2 - THE COURSE

Traditional Cowes-Dinard-St Malo Course

Order	Mark	Required Side; Leave to:	Position (WGS84)*	
			Latitude	Longitude
1	Needles Lighthouse	Port	50° 39'.73N	001° 35'.50W
2	Casquets Lighthouse	Port	49° 43'.32N	002° 22'.63W
3	Les Hanois Lighthouse	Port	49° 26'.10N	002° 42'.15W
4	NW Minquiers Buoy	Port	48° 59'.63N	002° 20'.59W
5	SW Minquiers Buoy	Port	48° 54'.35N	002° 19'.41W
Finish	Buharats West No.2 Buoy	Starboard	48° 40'.22N	002° 07'.50W

Approximate Distance: 151nm - * All mark positions are approximate

APPENDIX B WAITING AREAS



NOTICES TO COMPETITORS

(Notices are for information and do not rank as part of the Sailing Instructions)

St Malo Lock Times – Bassin Vauban

(All lock times are in Local Time – Times may vary at the discretion of the Port Captain).

Lock Time Calculator https://ports.bretagne.bzh/ports/saint-malo/?portal=wcrb_242601

Harbour Office in the Bassin Vauban

Tel: +33 (0) 299 56 51 91 VHF Ch. 09

Les Bas Sablons Marina

Tel: +33 (0) 299 81 71 34 VHF Ch. 09

Prizegiving

Trophies will be presented on Sunday 13 July at 1100 local time (1000 BST) followed by a drinks reception at the Société Nautique de la Baie de St Malo (SNBSM) situated in the North East Corner of the Bassin Vauban.

Race Report

Louay Habib is writing the race reports for the 2025 RORC season. The RORC will supply Louay with mobile telephone numbers for competitors so you may receive a call from Louay about the race.